

Task Analysis: Taking a Bath/Shower



1

Go to bathroom.



2

Take off clothes.



3

Turn on water.



4

Check water temperature.



5

Wet body.



6

Put soap on body.



7

Wash arms, tummy, legs, feet.



8

Rinse soap off.



9

Wash hair with shampoo.



10

Rinse hair.



11

Turn off water.



12

Dry body with towel.



13



Put on clean clothes.

