

TASK ANALYSIS

Teaching “Nail Cutting Tolerance”

1

Look at the nail clipper.



2

Touch the nail clipper.



3

Touch the clipper to finger.



4

Hold hand still.



5

Clip 1 nail.



6

Clip 2 nails.



7

Continue until all nails are cut.



8

Show nails are all done.



9

Praise calm behavior.



10

Earn a reward!



Remember



Go slow.
Small steps
are okay.



Keep sessions
short and
positive.



Use calm voice
and be
predictable.



Stop before
meltdown.
End on success.

Example First → Then



First
cut nails



Then
reward

♥ Celebrate progress and build tolerance one step at a time! ♥

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