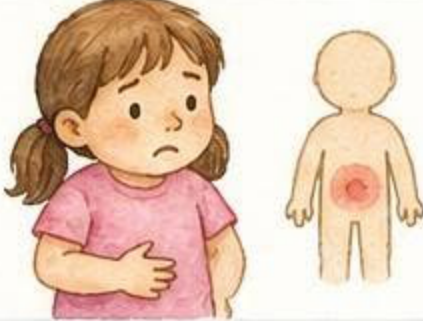




TASK ANALYSIS

Teaching Recognizing Sick Feelings



STEP	WHAT TO DO	EXAMPLE
1 Gain Attention	Get the child's attention in a calm and positive way. ★ Use their name, touch, or a visual cue.	 Hi! Let's check how your body feels.
2 Introduce the Concept	Explain that our bodies can feel sick or uncomfortable and it's important to notice and tell someone.	 Sometimes our bodies feel sick. We can tell someone.
3 Model the Feeling	Show an example of a sick feeling. ● Use words, facial expression and actions.	 My tummy hurts.
4 Point to the Body Part	Show the body part where the feeling is. ★ Use simple language.	 Tummy.
5 Teach How to Communicate	Teach the child to express the sick feeling. ● Use words, pointing, pictures, signs, or AAC.	WORDS  My head hurts. PICTURE  (picture card) SIGN  (sign) AAC  (device)
6 Practice and Reinforce	Practice during calm times and real situations. ● Praise and respond when they tell you.	 Great job telling me! I'm proud of you.



REMEMBER

- ✓ Be patient and consistent.
- ✓ Practice a little every day.
- ✓ Respond calmly and help the child feel safe.

