

TASK ANALYSIS

♥ Teaching Using Spoon/Fork ♥

1 Sit nicely at the table.



2 Hold spoon or fork.



3 Scoop or stab food.



4 Bring food to mouth.



5 Eat food.



6 Put utensil back down.



7 Repeat until finished.



Great job! Keep practicing!



Use praise and encouragement for every step!



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