



ATTENDING SCHOOL ROUTINE

★ TASK ANALYSIS ★



BEFORE SCHOOL

1 Wake up



2 Go to the bathroom



3 Wash face / brush teeth



4 Put on school clothes



5 Eat breakfast



6 Put school items in bag



7 Wear shoes



8 Say "Ready for school!"



GOING TO SCHOOL

9 Walk calmly / ride quietly



10 Hold parent's hand or stay beside adult



11 Arrive at school



12 Say "Hi" to teacher



IN SCHOOL

13 Put bag in proper place



14 Sit down when teacher says



15 Listen to teacher



16 Raise hand if needing help



17 Finish simple school tasks



18 Eat snack / lunch



19 Use toilet when needed



20 Play nicely with classmates



GOING HOME

21 Pack school things



22 Say "Bye" to teacher



23 Walk calmly going home



24 Arrive home safely



25 Put bag away



26 Rest or do homework



ABA TIPS FOR PARENTS

- ✓ Teach one step at a time
- ✓ Use visual schedules or pictures
- ✓ Give praise after successful steps ("Great sitting!" "Nice walking!")
- ✓ Practice the routine daily
- ✓ Keep instructions short and clear

EXAMPLES OF SHORT INSTRUCTIONS



"Shoes on."



"Bag ready."



"Sit down."

"Time to go home."



REMEMBER

First, Then, and Praise help me learn my routine!

1

First



2

Then



Praise